

SHORE EXCURSIONS



Discover Jungle Falls Hike

Nāwiliwili, Kaua`i

Duration 2 1/2 hrs

Hike through the rainforest in Huleia National Wildlife Refuge to two spectacular waterfalls, where you may swim in the refreshing pools below. The refuge is closed to the public to protect the endangered species, but you will enjoy special access to this natural wonderland. As you follow a descending trail, the guide will describe the lush flora, which may include wild coffee, lobster claw heliconia and hau trees, the branches of which Hawaiians once used to make outrigger floats. Named for its stand of graceful bamboo, Bamboo Falls is the smaller of the cascades, while Papakolea Falls plummets down more than 60 feet. Both are breathtaking. Feel free to swim, stand under the waterfalls for a natural massage or simply relax on the rocky shore and behold nature's beauty. Later, you will gaze out over Menehune Fish Pond, home to dozens of avian species such as the nēnē, Hawaii's state bird.

ACTIVITY LEVEL 2

DURATION 21/2 hrs







HIGHLIGHTS

- Behold two little-known waterfalls in Huleia National Wildlife Refuge.
- Swim in the pools below the cascades or simply enjoy the beautiful peaceful settings.
- Learn about the surrounding flora and fauna, much of it indigenous and endangered.
- Admire nearby natural areas such as the Menehune Fish Pond.

HELPFUL HINTS

- Dress in weather-appropriate clothing with a swimsuit underneath.
- Bring a hat, sunscreen and insect repellant.
- Wear water shoes or walking shoes with good traction.

Need to Know:

Note: Water shoes with good grip recommended for the whole tour. No flip-flops allowed. Water shoes are available to rent for an additional fee of \$10.00 (CASH ONLY). Expect footwear and clothes to get wet/dirty and muddy. Wear swimwear, and bring sunscreen, bugspray, and a towel. No water bottles, bring your own container for water refills. Minimum age is 6 years. Max weight: 265 pounds. This tour is not appropriate for people with back problems, recent surgeries, bone/joint problems, heart

conditions, or women who are pregnant. Not recommended for those over 70.

ADULT FROM: €159,80 EUR |

CHILD FROM: €140,89 EUR



Kauai Hiking Adventures

Nāwiliwili, Kaua`i

Duration 5 hrs

Hike a winding forest trail through some of the most spectacular countryside on Kauai, a natural wonderland that lives up to its nickname, the "Garden Island."

After departing from the pier, you will learn about the history of Kauai from the local guide, who will regale you with stories of the "Garden Island." The oldest and northernmost island in the Hawaiian chain, Kauai is covered by tropical rainforest, emerald-green valleys and jagged mountains of volcanic origin. It is a gorgeous setting for hiking through the forest.

The trail that you will follow covers about five miles and is immensely picturesque the entire time. As you hike through the lush wilderness, you will gaze out over some of the most extraordinary terrain in Hawaii. You can expect to see thundering waterfalls, primeval mountains and deep valleys, all created by ancient volcanic activity.

Along the way, the guide will point out the most interesting flora and fauna, especially those endemic to Kauai. You may see indigenous white plumbago in bloom, unusual ferns on the forest floor, brightly colored bromeliads clinging to tree branches and native forest birds such as the Kauai Amakihi and the Anianiau, the smallest of Hawaii's honeycreepers.

After about three hours of hiking in this natural wonderland, you will be served a light boxed lunch in a nearby picnic area. You will also have time to explore a bit on your own.

Need to Know:

Note: Minimum age requirement of 10 years. Not suitable for guest with existing medical conditions such as but no limited to bad knees, sore back, respiratory problems, allergies to plants and trees. Recommended for active guest - must be able to hike 5 miles/8 kilometers round trip, 700ft/214 meter elevation gain. Slippery, uneven, muddy surfaces in some areas. Expose to the elements and unforeseen rain at times. Hiking, closed toed, or athletic shoes are required. Also, comfortable lightweight clothing, rain jacket, small backpack for personal items, hat and mosquito repellant are recommended.

DURATION 5 hrs

ACTIVITY | FVFI 3





ADULT FROM: €216,53 EUR | CHILD FROM: €197,62 EUR



Zip & Splash

Nāwiliwili, Kaua`i

Duration 4 hrs

Soar amidst towering trees and enjoy breathtaking mountain vistas. Experience the wonder of Kauai's tropical paradise on a series of suspension bridges and six ziplines, covering well over a mile in the air. Four of the six lines are side-by-side, which gives you the opportunity to share a shriek with a buddy. The 1,800 feet tandem lines provide the ultimate adrenaline rush. Catch your breath, then take a short hike through a swaying bamboo forest for a picnic lunch beside a forest pool. To cool off, grab the zipline that runs across pool and splash down.

DURATION 4 hrs

ACTIVITY LEVEL 2







Need to Know:

Note: Participants must be at least 7 years of age and weigh less than 275 lbs. ADULT FROM: €216,53 EUR CHILD FROM: €197,62 EUR



Wailua River & Fern Grotto

Nāwiliwili, Kaua`i

Duration 3 1/2 hrs

DURATION 3 1/2 hrs ACTIVITY LEVEL 2

Board a flat-bottom motor launch for your journey up the tranquil Wailua River as it floats past lush jungle landscapes on the way to Fern Grotto. This beautiful lava cavern, dripping with ferns, forms a natural amphitheater with excellent acoustics. At the grotto, keeping with island custom, a chorus will serenade you with the traditional Hawaiian Wedding Song.

Travel by motorcoach into the valley of the Sleeping Giant, where you'll find Opaekaa Falls, cascading down the hillside into a hidden pool.

Need to Know:

Note: The pathways at the Fern Grotto may be slippery. Fern Grotto may be substituted by the Pacific Paradise Gardens if not available. An additional optional shopping stop may be provided. ADULT FROM: €112,52 EUR

CHILD FROM: €93,61 EUR



Hidden Valley Falls Kayak

Nāwiliwili, Kaua`i

Duration 3 3/4 hrs

Hike in the rainforest, paddle a kayak and learn how ancient Hawaiians lived in harmony with nature. This river kayak adventure takes you into the Huleia National Wildlife Refuge, home to many of Hawaii's native wetland birds and plants, and not open to the general public. You'll paddle a comfortable, stable, sit-on-top double kayak. Listen to the legend of the Menehune Fishpond as you float past it. This ingenious pond was built to catch fish nearly 1,000 years ago.

Take a one-mile guided walk through the rainforest and learn about the unique plant and animal life of the area, and how the ancient Hawaiians lived in harmony with nature. See film locations from Raiders of the Lost Ark. And with Indiana Jones in mind, take a leap off a rope swing for a refreshing dip in a cool mountain pool. Stop for snacks and cold drinks at a fern-shrouded waterfall and make the return trip aboard a super cool, twin-hulled, powered Hawaiian canoe.

Need to Know:

Note: Participants must be at least 3 years of age and weigh no more than 280 lbs. Wear a swimsuit, sport sandals or water shoes, and bring a towel.

ADULT FROM: [€]178,71 EUR | CHILD FROM: [€]146,56 EUR **DURATION 33/4 hrs**







Kauai Bike Explorer

Nāwiliwili, Kaua`i

Duration 4 1/2 hrs

OVERVIEW

Pedal a beach cruiser along the incredibly picturesque Ke Ala Hele Makalae bike path and stop at your pleasure at the eclectic shops and restaurants along the way. Although the paved coastal trail is about eight miles long, you can bike just a small segment of it or pedal much farther. Your beach cruiser has seven gears so you can easily negotiate the elevation changes. This being a self-guided adventure, you will be free to ride at your own speed and stay at the attractions until you are ready to go. A digital app will make navigation simple and clearly show the points of interest along the bike path. Or simply ask the local walkers, joggers and other bicyclists about their favorite places. Interpretive signs will describe the easy-to-access archaeological, cultural and historic sites nearby. The endless seascape may be best attraction of all, as it is spectacular the entire way.

HIGHLIGHTS

- Ride a beach cruiser along a scenic bike path that follows the sea.
- Pedal at your own pace, bike as far as you wish and stop whenever you please.
- Use the digital app that describes points of interest along the way.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Need to Know:

Note: Minimum age to participate is 9 years old. This tour requires a moderate amount of activity and participants should be in good physical condition. Not suitable for guest with existing medical conditions such as but not limited to bad knees, sore back, respiratory problems, allergies to plants and trees, recommended for active guest. 5 miles/8 kilometers round trip, 700ft/214-meter elevation gain. Slippery, uneven, muddy surfaces in some areas. Will be expose to the elements and unforeseen rain at times.

ADULT FROM: €188,16 EUR CHILD FROM: €169.25 EUR







Discover Kauai

Nāwiliwili, Kaua`i

Duration 6 hrs

Admire the endless beauty of Kauai by cruising through the jungle to the Fern Grotto, exploring a wildlife refuge and stopping in an idyllic bay in the shadow of lush mountains

Depart from the pier and enjoy a leisurely drive north to a marina on the Wailua River, one of the few navigable waterways in Hawaii. Starting high atop Mount Waialeale in the center of Kauai, the river tranquilly weaves through 20 miles of thick jungle.

While cruising, you will stop at the geological wonder Fern Grotto, a lava-rock cave covered with tropical flora. Being a natural amphitheater, the grotto provides a wondrous setting and fine acoustics for the musicians who will serenade you with traditional Hawaiian tunes.

Continuing on, you will head toward Kilauea National Wildlife Refuge to see its towering lighthouse and bird sanctuary. The refuge's ocean cliffs and grassy slopes provide a fine habitat for some of the largest populations of nesting seabirds in Hawaii. Be on the lookout for red-footed boobies, Laysan albatross, and wedge-tailed shearwaters.

Then, after an island picnic lunch on Anini Beach, you will be treated to a view of beautiful, crescent-shaped Hanalei Bay and its signature pier. The landmark Waioli Huiia Church stands nearby, a reminder of the missionaries who settled here in the 1830s.

Finally, you will depart the North Shore and return to Nawiliwili, but not before stopping for photos of the 150-foot Opaekaa Falls. Opaekaa means "rolling shrimp," which were once abundant in the stream.

Need to Know:

Note: This tour includes approximately 90-minutes of easy to moderate walking that includes some uneven terrain and steps to negotiate. The tour is not available to wheelchair guests or those who must utilize a walker. Guests with mobility concerns are cautioned to carefully evaluate their personal level of stamina and ability. Light-weight, weather appropriate clothing (participants should be prepared for the possibility of rain); sun cap; sunglasses;

DURATION 6 hrs





Luau Kalamaku & Plantation Train

Nāwiliwili, Kaua`i

Duration 4 hrs

PREBOOK ONLY. NOT AVAILABLE FOR BOOKING ONBOARD. Take a narrated tour through fruit orchards and exotic tropical flower gardens. Then feast your eyes on hulas and fire dances and dine on a lavish luau. Climb aboard one of the elegant, mahogany passenger cars of the authentic, narrow-gauge Kauai Plantation Railroad for a 30-minute journey. You'll be entertained by fun loving conductors, and learn about Kilohana Plantation history and commercial farming on Kauai today, as you travel through fields of sugar cane, pineapple, banana, papaya, coffee, tropical flowers and hardwood trees.

The luau is an essential part of the Hawaiian experience, and the cultural extravaganza at the historic Kilohana Plantation is a feast for all the senses. You'll have the option to see the traditional fire pit and watch the roast pig emerge, a special treat to accompany the already lavish buffet of local delicacies and desserts. While torches blaze, graceful hulas and energetic fire dances will entertain you, and the ancient sea voyages that brought the original Hawaiians to these islands from Polynesia will be brought to life in story and song.

Need to Know:

Note: Must be at least 21 years of age and provide a valid ID to consume alcohol.

ADULT FROM: €197,62 EUR | CHILD FROM: €169,25 EUR DURATION 4 hrs

ACTIVITY LEVEL 1







Jewels of Hawaii - Waterfall & Tropical

Nāwiliwili, Kaua`i

Duration 5 1/2 hrs

McBrvde and Allerton Gardens are breathtaking wonders and part of the network of gardens and preserves that make up the National Tropical Botanical Garden, you'll have an opportunity to explore both of these jewels on this tour.

Allerton Garden is a masterpiece of landscape design. Stroll through the expertly crafted, colorful garden rooms and marvel at the collection of exotic plants, towering Jurassic trees, sculptures and water features.

Further up the Lawai Valley in the McBryde Garden – the flagship garden of National Tropical Botanical Garden and home to the largest collection of native Hawaiian plants in existence. Discover spectacular displays of vivid tropical plants and visit a beautiful waterfall surrounded by the garden's lush tropical flora.

A deli lunch is served stream side under a covered gazebo. After the tour you'll have an opportunity to enjoy the South Shore Visitors Center and a stop at Spouting Horn blowhole before returning to the pier.

Need to Know:

Note: Participants must be able to walk at least one and a half miles on uneven terrain. Closed toe shoes or secure hiking sandals recommended. ADULT FROM: €207,07 EUR | CHILD FROM: €207,07 EUR



DURATION 5 1/2 hrs ACTIVITY LEVEL 2





Kauai - The Director's Cut

Nāwiliwili, Kaua`i

Duration 6 1/2 hrs

The tropical paradise of Kauai is a Hollywood star, long sought after by filmmakers. Put yourself in the picture as you visit movie locations and watch related film clips on your specially equipped mini-Bus. You'll explore romantic, exciting and adventurous locales and learn about the rich history of the island along the way. Watch scenes from major motion pictures – then actually stand in or view the exact spots where they were filmed. This is definitely an occasion for a "selfie."

ACTIVITY LEVEL 1

DURATION 6 1/2 hrs



ADULT FROM: €197,62 EUR | CHILD FROM: €178,71 EUR



Kilohana Manor House & Kalamaku Show

Nāwiliwili, Kaua`i

Duration 4 1/2 hrs

Enjoy an extended visit to Kilohana Plantation, with a ride on a train, dinner at the manor house, and a luau show of hula, fire dances and tales told in story and song. Begin your tour of Kilohana Plantation aboard one of the elegant, mahogany passenger cars of an authentic, narrow gauge railway. You'll be entertained by fun loving conductors, and learn about plantation history and commercial farming on Kauai today, while traveling through fields of sugar cane, pineapple, banana, papaya, coffee, tropical flowers and hardwood trees.

Step back into the golden age of sugar at Kilohana's perfectly restored manor house, 22 North. Richly crafted from fine woods with Art Deco details, it served as a family homestead and site for elaborate social gatherings. You'll dine here on Kauai grown meats, fish and produce, including fruits and vegetables from Kilohana's orchard and agricultural park.

After dinner, you'll be escorted to the Kalamaku luau show. While torches blaze, graceful hulas and energetic fire dances will entertain you, and the ancient sea voyages that brought the original Hawaiians to these islands from Polynesia will be brought to life in story and song.

Need to Know:

Note: Beverages at 22 North are available for purchase. Premium seating is included at the Kalamaku show. Must be at least 21 years of age and provide a valid ID to consume alcohol. Participants between the ages of 3 and 17 years of age will be charged the child rate.

ADULT FROM: €235,44 EUR | CHILD FROM: €188,16 EUR **DURATION 4 1/2 hrs**











Luau Kalamaku - Premium Seating

Nāwiliwili, Kaua`i

Duration 4 hrs

PREBOOK ONLY. NOT AVAILABLE FOR **BOOKING ONBOARD.** The luau is an essential part of the Hawaiian experience and the cultural extravaganza at the historic Kilohana Plantation is a feast for all the senses. You'll gather around the traditional fire pit and watch the roast pig emerge, a special treat to accompany the already lavish buffet of local delicacies and desserts. While torches blaze, graceful hulas and energetic fire dances will entertain you, and the ancient sea voyages that brought the original Hawaiians to these islands from Polynesia will be brought to life in story and song. Enjoy the Luau Kalamaku with your premium seating, second row back from the stage.

DURATION 4 hrs

ACTIVITY LEVEL 1



Need to Know:

Note: Participants between the ages of 3 and 17 years of age will be charged the child rate.

ADULT FROM: €197,62 EUR | CHILD FROM: €169,25 EUR



Discover Kauai & Luau

Nāwiliwili, Kaua`i

Duration 11 hrs

PREBOOK ONLY. NOT AVAILABLE FOR BOOKING ONBOARD. Enjoy the beauty, culture and tastes of Kauai, from sacred sites, waterfalls to the heart of the island, followed by a traditional Hawaiian Luau at the historic Kilohana Plantation. Drive along the coast and visit Hikinaakala Heiau, where ancient Hawaiians worshipped. Continue up to Opaekaa Falls, one of Kaui's major waterfalls. YYou'll pass through the town of Lihue and through Koloa, the birthplace of the sugar industry in Hawaii.

A highlight of your tour is a visit to Waimea Canyon, it will greet you with a spectacular array of colors created by the reds and browns of exposed volcanic rock, make sure to have your camera to capture this stunning sight.

Complete your day at a traditional luau and immerse yourself in Hawaiian culture at Luau Kalamaku. While torches blaze, graceful hulas and energetic fire dances will entertain you and the ancient sea voyages that brought the original Hawaiians to these islands from Polynesia will be brought to life in story and song.

Need to Know:

Note: There are about 30 steps at the lookout. Must be at least 21 years of age and provide a valid ID to consume alcohol.

ADULT FROM: €244,89 EUR | CHILD FROM: €216,53 EUR DURATION 11 hrs





Luau Kalamaku

Nāwiliwili, Kaua`i

Duration 4 hrs

PREBOOK ONLY. NOT AVAILABLE FOR BOOKING ONBOARD. The luau is an essential part of the Hawaiian experience, and the cultural extravaganza at the historic Kilohana Plantation is a feast for all the senses. You'll have the option to gather around the traditional fire pit and watch the roast pig emerge, a special treat to accompany the already lavish buffet of local delicacies and desserts. While torches blaze, graceful hulas and energetic fire dances will entertain you, and the ancient sea voyages that brought the original Hawaiians to these islands from Polynesia will be brought to life in story and song.

DURATION 4 hrs

ACTIVITY LEVEL 1





Need to Know:

Note: Must be at least 21 years of age and provide a valid ID to consume alcohol. Participants between the ages of 3 and 17 years of age will be charged the child rate.

ADULT FROM: €178,71 EUR | CHILD FROM: €140,89 EUR



Journey to Waimea Canyon

Nāwiliwili, Kaua`i

Duration 5 hrs

Discover Waimea Canyon, the breathtaking gorge in the heart of Kauai that is one of the island's most dramatic natural attractions. You'll begin your scenic drive by passing through a tunnel of trees, and traveling along Kauai's south coast, on its one main highway.

From a lookout point high above, you'll have a panoramic view of Waimea Canyon and its array of rainbow colors, created by the reds and browns of exposed volcanic rock mingled with the blues and greens of lush tropical vegetation. This magnificent gorge is 10 miles long, one mile wide and 3,000 feet deep. You'll want to bring a camera to capture the spectacular beauty of this natural work of art.

Need to Know:

Note: Waimea Canyon lookout is fully accessible from the parking area up to the main lookout. There are about 30 steps at that lookout. There is one higher lookout to the side that is not accessible.

ADULT FROM: [€]93,61 EUR | CHILD FROM: [€]65,24 EUR **DURATION 5 hrs**





Best of Kauai

Nāwiliwili, Kaua`i

Duration 8 hrs

On this introduction to the "Garden Isle," you'll explore two of Kauai's most dramatic natural attractions - the 3,000-foot deep Waimea Canyon and the lush landscapes lining the Wailua River, including the famed Fern Grotto.

From a lookout point high above, you'll have a panoramic view of Waimea Canyon and its array of rainbow colors, created by the reds and browns of exposed volcanic rock mingled with the blues and greens of lush tropical vegetation. This magnificent gorge is 10 miles long, one mile wide and 3,000 feet deep. You'll want to bring a camera to capture the spectacular beauty of this natural work of art.

Board a riverboat for a cruise up the tranquil Wailua River as it floats past jungle landscapes on the way to Fern Grotto. This beautiful lava cavern, dripping with ferns, forms a natural amphitheater with excellent acoustics. At the grotto, keeping with island custom, a chorus will serenade you with the traditional Hawaiian Wedding Song.

Need to Know:

Note: The pathways at the Fern Grotto may be slippery. Fern Grotto may be substituted by the Pacific Paradise Gardens if not available. Lunch is included.

ADULT FROM: [€]169,25 EUR | CHILD FROM: [€]150,34 EUR

Please note: The information in this document was current at time of printing. Tour descriptions and prices vary by ship and sailing date and are subject to change without notice. Log into My NCL for the applicable information specific to your cruise.

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Norwegian Cruise Line

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